

MENTAL HEALTH AND SUICIDE PREVENTION IN OLDER ADULTS

MELISSA LONG

CTRS, CDP, CADDCT, BF-CMT
Director of Education and Support,
Certified recreational therapist,
Certified dementia practitioner,
and a Licensed BCAT[®] practitioner.



Our emotional, psychological, and social well-being are all part of our mental health. It influences how we think, feel, and act, as well as how we handle stress, interact with others, and make decisions. Join us to learn about mental health in minority communities and suicide prevention in older adults.

JOIN US ON...

 **OCTOBER 19TH, 2023**
7PM - 8PM

 **VIRTUAL VIA**
GOTOWEBINAR

Registration Link:

<https://attendee.gotowebinar.com/register/2937377632490936157>

**For more info, please contact
Brendy Garcia at (240) 424-0302**

