

DFA Northern Prince George's County Presents:

ALZHEIMER'S AWARENESS MONTH WEBINAR SERIES

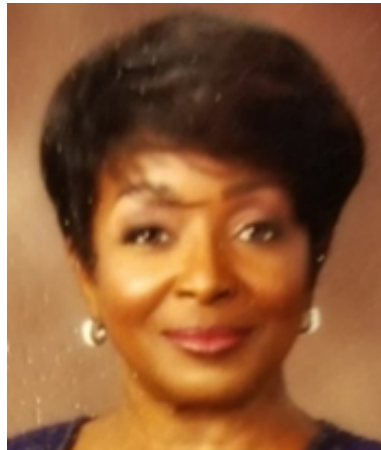


Join us Virtual Via Zoom on...

Tuesday, November 14, 2023 | 10 AM -3 PM



Dr. Carol Botts



**Sherl L. Streeter, BS,
MSNPM**



**Melissa Long, CTRS,
CDP, CADDCT, BF-CMT**

Caregiving – Prepare to Care @ 10 AM | Registration Link: bit.ly/3qnVVvE

A successful experience in caregiving begins with a carefully constructed Care Plan.

Life After Losses @ 11:15 AM | Registration Link: bit.ly/30ihjKL

Through the practice of resiliency, we can survive these losses and continue growing and thriving.

Brain and Body: Total Wellness @ 1 PM | Registration Link: bit.ly/44PuEkN

Successful aging is built on several pillars: mental, intellectual, physical, spiritual, social and emotional wellness.

The Art of Activities & Engagement @ 2:15 PM | Registration Link: bit.ly/3DLTR3D

How can you reconnect with someone with dementia? Keeping their current abilities in mind, learn ways to keep your loved one engaged in personalized activities.

For more information



Contact Brendy Garcia | Office: (240) 424-0302 | Email: bgarcia@greenbeltmd.gov