



Caregiver Support Program

CSP Mission: Promote the health and well-being of Family Caregivers who care for our Nation's Veterans through education, resources, support and services.

Frequently Asked Questions

- 1. What types of resources are offered by the Caregiver Support Program?** As part of our comprehensive support network, you can access group services designed to enhance your wellbeing, including Resources for Enhancing All Caregivers Health (REACH) VA, Peer Support Mentoring, Caregiver Health & Wellbeing Coaching, respite services and more.
- 2. What is the difference between PGCSS and PCAFC?** While the majority of CSP services are available in both programs, PGCSS is open to all caregivers. PCAFC offers additional benefits such as access to specific mental health resources, increased access to respite benefits, and a monthly stipend for eligible Family Caregivers.
- 3. Does PGCSS require an application?** There is no formal application required to enroll in PGCSS. Reach out to the facility CSP Team or request a referral from the Veteran's provider.
- 4. How do I apply for PCAFC?** You have a few options to apply—
Online – Visit the PCAFC home page on our CSP website at www.caregiver.va.gov;
In person – Submit a completed VA Form 10-10CG to a member of your local CSP Team or
Mail – Send a completed joint VA Form 10-10CG and any supporting documents to:
Program of Comprehensive Assistance for Family Caregivers

Health Eligibility Center
2957 Clairmont Road NE, Suite 200
Atlanta, GA 30329-1647



<https://www.caregiver.va.gov/>



Need Help? To assist you with further instructions on how to enroll into these programs, contact the [VA Caregiver Support Line \(CSL\)](https://www.caregiver.va.gov/) at 1-855-260-3274.

VA



U.S. Department of Veterans Affairs



Caregiver Support Program – About Us

The Department of Veterans Affairs (VA) understands that the caregiver community is vital to the recovery and care of Veterans. The Caregiver Support Program (CSP) offers clinical, educational, and holistic services to individuals who care for Veterans enrolled in VA health care. CSP supports anyone who provides care services to a Veteran, whether it is medicine management, grocery shopping, helping a Veteran get dressed, or full-time personal care services. Anyone who provides care to a Veteran enrolled in VA health care can participate in CSP.

CSP is a national program comprised of two subprograms: Program of General Caregiver Support Services (PGCSS) and Program of Comprehensive Assistance for Family Caregivers (PCAFC). Every VA facility has a local team, where caregivers can access a variety of national resources while receiving tailored support from their local CSP Teams.

Program of General Caregiver Support Services (PGCSS)

PGCSS is the core of CSP and provides Peer Support Mentoring, skills training, coaching, telephone support, online programs, and referrals to available resources to caregivers of Veterans. The Veteran must be a VA health care enrollee and receive care from a caregiver in order for the caregiver to participate. We refer to caregivers participating in PGCSS as General Caregivers. Learn more about PGCSS here: https://www.caregiver.va.gov/Care_Caregivers.asp



Program of Comprehensive Assistance for Family Caregivers (PCAFC)

PCAFC provides specialized services to caregivers for eligible Veterans including resources offered through PGCSS, as well as education, support, respite, mental health counseling, a financial stipend and health insurance, if eligible. Services provided through PCAFC are available for caregivers who assist eligible Veterans who have a serious injury (including serious illness) incurred or aggravated in the line of duty in the active military, naval, or air service. Caregivers participating in PCAFC are referred to as Family Caregivers. Veterans can designate a Primary and Secondary Family Caregiver. Family Caregivers must be a family member or live full-time with the Veteran. Find eligibility criteria for enrollment and how to apply for PCAFC here: https://www.caregiver.va.gov/support/support_benefits.asp.

