

BLUE ROOM | JULY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Sequencing Game (C) 12:00 Finish the Idioms (C)(S) 12:30 Lunch (S) 1:15 Outdoor Walking Club w/Lem (P)(O) 1:15 Travelogue: NYC w/ Gerry (S) 1:45 Chair Yoga (P) 2:30 Balloon Badminton (A)(S) 3:00 Afternoon Music and Snack Social (S) 3:30 Best of Americas Funny Videos (S) 4:00 Combined Target Toss (P) 4:30 A to Z Word Game (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Star Spotlight: (S) 12:00 Have You Ever (C) (S) 12:30 Lunch (S) 1:15 Reminisce: Talking on the Telephone (R) 1:45 Cup Puzzles w/ Steven (C) 2:00 Is the Price Right? (C) (S) 2:30 Science Experiment w Fred (SE) 3:00 Afternoon Music and Snack Social (S) 3:30 Cranium Crunches (C) 4:00 Combined Target Toss (P) 4:30 A to Z Word Game (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Where in the World Trivia (S) 12:00 What Is in The Bag? 12:30 Lunch (S) 1:15 Music Therapy w/ Melanie (SE) 2:15 Art Appreciation: Frida Kahlo (SE) (CR) 2:30 Inspired Art w/ Meenu (CR) 3:00 Afternoon Music and Snack Social (S) 3:30 Candy BINGO (C) 4:00 Combined Corn Hole (P) 4:30 Finish the Phrase (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>IMCC CLOSED</p> <p>HAPPY INDEPENDENCE DAY 4TH OF JULY</p> 	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Star Spotlight: Olivia de Havilland (S) 12:00 Travelogue: Egypt (S)(C) 12:30 Lunch (S) 1:15 Outdoor Walking Club w/ Jean (P) (O) 1:15 Alphabetical Categories: Foods (C) 1:45 Sit & Stretch Fitness (P) 2:00 Is the Price Right? (C) (S) 2:30 The Golden Age of Hollywood (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Prize BINGO (S) 4:00 Combined Horseshoes (P) 4:30 Pictionary Guessing Game (C) 5:00 1:1 Activities (S) (C) (CR)</p>
<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Violin w Anthony (SE) 11:00 Snack & Social (S) 11:30 This Day in History (S) 12:00 Chair Exercise (P) 12:30 Lunch (S) 1:15 Name That Bird w Willie (C)(N) 1:45 Chair Yoga (P) 2:00 Travelogue: Holland w/ Bert (S) 2:30 Balloon Badminton (A)(S) 3:00 Afternoon Music and Snack Social (S) 3:30 Best Clips of Classic TV (S) 4:00 Combined Bowling (P) 4:30 Cartoon Characters Matching (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Star Spotlight: Tom Hanks (S) 12:00 Discussion: School Days w Andrea (S) 12:30 Lunch (S) 1:15 Hollywood Stars Game (C)(S) 1:45 Music Spotlight: The Supremes (C) 2:00 Sit & Stretch Fitness (P) 2:30 Reminisce: Lemonade Stands w Peter (R) 3:00 Afternoon Music and Snack Social (S) 3:30 What Am I? (C) 4:00 Combined Putt-Putt (P) 4:30 Name 5 (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Musical Memories w/ Roberta (SE) 11:00 Snack & Social (S) 11:30 This Day in History (S) (C) 12:00 Chair Exercise (P) 12:30 Lunch (S) 1:15 Storm Chasers w/ Otto (S) 1:45 Five Clue Quiz: Summer Days (C) 2:00 Chair Yoga (P) 2:30 Cooking Club: Patriotic Parfaits 3:00 Afternoon Music and Snack Social (S) 3:30 Mystery Bag Guessing (C) 4:00 Combined Corn Hole (P) 4:30 Finish the Phrase (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Exploring Washington DC w Nancy (S) 12:00 A Taste of the City (SE) 12:30 Lunch (S) 1:15 Outdoor Walk w/ Linda (P) (O) 1:15 Art Appreciation: A Night in Vince (S) 1:45 Sit & Stretch Fitness (P) 2:00 Star Spotlight: Elton John (S) 2:30 Bowling Tournament (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Fashion of the 50's (R)(C)(S) 4:00 Combined Balloon Volleyball (P) 4:30 Name 5 (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Piano Jams w/ Jeff (SE) 11:00 Snack & Social (S) 11:30 This Day in History (S) 12:00 Chair Exercise (P) 12:30 Lunch (S) 1:15 Star Spotlight: Judy Garland (S) 1:45 Chair Yoga (P) 2:00 Tai-Chi Fitness w Cynthia 2:45 Landmarks Quiz (C) 3:00 TGIF Music & Snack Social (S) 3:30 EZ Stories: Dog Days of Summer 4:00 Combined Parachute (P) 4:30 Group Hangman (C) 5:00 1:1 Activities (S) (C) (CR)</p>
<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Photographic Memory Game (C) 12:00 Body Language & Gestures Trivia (C) 12:30 Lunch (S) 1:15 Sequencing Game (C) 1:45 Chair Yoga (P) 2:00 Dance Moves Through Time w Gail (S) 2:30 Balloon Badminton (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Travel to Pennsylvania (S) (C) 4:00 Combined Noodle Hockey (P) 4:20 Pictionary (C) 4:45 Mandala Coloring Club (CR) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Science Experiment w/ Mike (SE) 12:00 Categories Trivia (C) 12:30 Lunch (S) 1:15 Reminisce: Summer Holidays (R) 1:45 Chair Yoga (P) 2:00 Jeopardy Game (S)(C) 2:30 Travelogue: Ethiopia (SE) 3:00 Afternoon Music and Snack Social (S) 3:30 White Board Wheel of Fortune (C)(S) 4:00 Combined Corn Hole (P) 4:30 Could You, Would You, Have You? (S) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Who am I: Famous July Birthdays (C) 12:00 Darts Competition (P) 12:30 Lunch (S) 1:15 Fact or Fiction Trivia (C) 1:45 Chair Yoga (P) 2:00 Exploring Moon Gardens (S) 2:30 Baking Club: Moon Pies (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Summer Trivia (C) 4:00 Ballon Badminton (P) 4:30 Conversation Starters (S) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 What's in The Bag? (C)(S) 12:00 Calming Coloring & Puzzles w Cora (SE) 12:30 Lunch (S) 4:00 IMCC Birthday Celebration</p> 	<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Lingo Through the Decades (S) 12:00 Target Golfing (S)(A) 12:30 Lunch (S) 1:15 Jazz Legends w/ Jay (S) 1:45 Sit & Stretch (P) 2:00 Hollywood Star of Fame (S) 2:30 What Are You Famous for Craft (CR) 3:00 TGIF Music & Snack Social (S) 3:30 Name 10 (C) 4:00 Combined Parachute (P) 4:30 Who When Where Trivia (C) 5:00 1:1 Activities (S) (C) (CR)</p>
<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 (S) (P) 10:30 Chair Exercise (P) 10:45 Brain Games (C) 11:00 Snack & Social (S) 11:30 Star Spotlight: Bruce Springsteen (S) 12:00 Discuss and Recall: Giving Advice (C) 12:30 Lunch (S) 1:15 Reminiscing Through the 80s w Garry (S) 1:45 80's Themed Sit & Stretch w Bettina (P) 2:00 Is the Price Right? (C) (S) 2:30 I love Lucy Hilarious Clips (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Best of Broadway (S) 4:00 Pictionary (C) (CR) 4:45 Animal Photo Art Discussion (S) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Jeopardy (C)(S) 12:00 Spotlight: Ed Sullivan (S) 12:30 Lunch (S) 1:15 Guess the Logo (C) 1:45 Chair Yoga (P) 2:00 Partner Up Card Games w Helen (S) 2:30 Chocolate Tasting w Nancy (SE) 3:00 Afternoon Music and Snack Social (S) 3:30 BINGO (S) 4:00 Combined Bowling (P) 4:30 This or That? (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Violin w/ Anthony (SE) 11:00 Snack & Social (S) 11:30 All about Ice Cream (S) 12:00 Star Spotlight: Ginger Rodgers (S) 12:30 Lunch (S) 1:15 This or That: Optical Illusions © 1:45 Chair Yoga (P) 2:00 Travelogue: New Zealand (S)(C) 2:30 Reminisce: Summer Vacations (S)(R) 3:00 Afternoon Music and Snack Social (S) 3:30 Donut BINGO (C)(S) 4:00 Combined Target Toss (P) 4:30 A to Z Word Game (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Travelogue: Paris (S) 12:00 Eiffel Town Artwork (CR) 12:30 Lunch (S) 1:15 Outdoor Walking Club (O)(P) 1:15 Neuro Sounds Music Therapy (SE) 2:15 Travelogue: Peru w Jamie (S) 2:30 Moving Thought Music w Marge (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Funniest AFV Clips (S) 4:00 Combined Free Rice Trivia (C) 4:30 Cartoon Characters Matching (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Who Am I Trivia (C) 12:00 Reminiscing: Marathons w Kevin (S) 12:30 Lunch (S) 1:15 Star Spotlight: Johnny Cash (S) 2:00 Tai-Chi Fitness w Cynthia 2:45 Best of Classic Gameshows (S) 3:00 TGIF Music & Snack Social (S) 3:30 BINGO (S) 4:00 Combined Parachute (P) 4:30 Group Hangman (C) 5:00 1:1 Activities (S) (C) (CR)</p>
<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Music Memories: 60's w Brian (S) 12:00 New Inventions of 2024 (C)(S) 12:30 Lunch (S) 1:15 Men's Club w/ Dan (S) 1:15 Honesty Hour: Do You Like? (S) 1:45 Chair Yoga (P) 2:00 Potluck Trivia (C)(S) 2:30 Funniest Animal Photos (C)(S) 3:00 Afternoon Music and Snack Social (S) 3:30 BINGO (C) 4:00 Combined Noodle Hockey (P) 4:30 Odd One Out (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 All About Jimmy Carter (S)(C) 12:00 True or False Trivia (C) 12:30 Lunch (S) 1:15 Travelogue: Portugal (S) 1:30 Inspired Painting: Azulejos Tiles (CR) 2:00 Chair Yoga (P) 2:30 Shake It Up Ice Cream w Joe (P)(SE) 3:00 Afternoon Music and Snack Social (S) 3:30 Name That Tune (C) 4:00 Combined Noodle Hockey (P) 4:30 Odd One Out (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion w/ Jeff (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Looking Forward to August (S) 12:00 Travel to Seychelles (S) 12:30 Lunch (S) 1:15 Alphabetical Categories: Countries (C) 1:45 Chair Yoga (P) 2:00 Reminisce Through the 60's (R) 2:30 Cooking Club: Mini Apple Pies (SE) 3:00 Afternoon Music and Snack Social (S) 3:30 Balloon Badminton (P) 4:00 Grab Bag Trivia (C) 4:30 Combined Noodle Hockey (P) 5:00 Group Discussion (S)</p>	<p>HAPPY BIRTHDAY</p>  <p>Jean M. 7.4 Marian D. 7.5 Jim D. 7.6 Phyllis P 7.10 Fred K. 7.14 Blanca H. 7.17 Anne H. 7.22 Dave Q. 7.22 Rita P 7.27</p>	<p>insight MEMORY CARE CENTER</p> <p>Activity Domain Key Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Nature (N) Reflective (R)</p>

