

BLUE ROOM | FEBRUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Steven Spielberg Spotlight (S) 12:00 Celebrity Trivia (C) 12:30 Lunch (S) 1:15 Artist Appreciation Spotlight (S) 1:45 Inspired Art Project w Jean (CR) 2:15 Sit & Stretch Exercise (P) 2:30 Partner Up Puzzles (C) 3:00 Afternoon Music & Snack Social (S) 3:30 Movie Clips of Yesteryear (S) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>4</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Mia Farrow Spotlight (S) 12:00 States & Capitals Quiz (C) 12:30 Lunch (S) 1:15 Music with Melanie (S) 2:15 Sit & Stretch Fitness (P) 2:30 Family Feud Game w Bettina (S) 3:00 Afternoon Music & Snack Social (S) 3:30 Inventions: Real or Fake (S) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>5</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 All About Gumdrops (S) 12:00 Gumdrops Tower Takeover (SE) 12:30 Lunch (S) 1:15 Life in an Eggshell Project (N) 1:45 Sit & Stretch Fitness (P) 2:00 Sports Spotlight (S) 2:30 Sports Themed Active Game (P) 3:00 Afternoon Music & Snack Social (S) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>6</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Art Club w Tiffany (CR) 11:30 You Be the Judge (S) 12:00 Timeline Trivia Jim (C)(S) 12:30 Lunch (S) 1:15 Jeopardy Game (C) 1:45 Sit & Stretch Fitness (P) 2:00 Celebrity Spotlight (S) 2:30 Pair Up Puzzles & Music (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Music & Puzzle Worksheets (C) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>7</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Ballroom Dancing w/ Garry (SE) 11:00 Snack & Social (S) 11:30 This Day in History (S) (C) 12:00 Chair Exercise (P) 12:30 Lunch (S) 1:15 Sports Recaps w Jimmy (S) 1:15 Giant JENGA Game (S) 1:45 Sit & Stretch Fitness (P) 2:00 Magnified Quiz (C) 2:30 Good News Stories of the week (R) 3:00 Afternoon Music & Snack Social (S) 3:30 Active Stations (S)(CR)(C) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>
<p>10</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Alphabet Quiz (C) 12:00 Passport Travel Series w Garry (S) 12:30 Lunch (S) 11:30 Art Club w Tiffany (CR) 1:15 TV Star Spotlight (S) 2:00 Word Mining (C) 2:15 Chair Yoga (P) 2:30 Partner Up Puzzles (CR) 3:00 Afternoon Music & Snack Social (S) 3:30 Best Clips of Classic TV (S) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>11</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Life in an Eggshell Check-in (SE)(N) 12:00 Rapid Fire Trivia (C) 12:30 Lunch (S) 1:15 Oh, the Places We've Been (S)(R) 2:00 Sit & Stretch Fitness (P) 2:15 Hollywood Squares Game (C)(S) 3:00 Afternoon Music & Snack Social (S) 3:30 Bowling Tournament (P) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>12</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Musical Memories w/ Roberta (SE) 11:00 Snack & Social (S) 11:30 This Day in History (S) 12:00 Chair Exercise (P) 12:30 Lunch (S) 1:15 Major Cities Travelogue (S) 2:30 Peppy Pigeons Art (CR) 2:45 Chair Yoga (P) 3:15 Afternoon Music & Snack Social (S) 3:30 Candy BINGO (S) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>13</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Reminiscing: Love & Marriage (S)(R) 12:30 Lunch (S) 1:15 Jewelry Making Workshop (S) 1:15 Passport Travel Series (S) 1:45 Sit & Stretch Fitness (P) 2:00 Rapid fire Trivia (S) 2:30 Active Stations & Music (SE) 3:00 Afternoon Music & Snack Social (S) 3:30 Active Stations (C)(S)(CR) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>14</p> <p>7:30 Group Discussion (S) 8:00 Cupid & Cupes Breakfast (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Violin Tunes w Anthony (SE) 12:30 Lunch (S) 1:15 Songs About Love (S) 2:00 Tat-Chi Fitness w Cynthia (P) 2:45 Feel Good Stories of the Week (S) 3:00 Valentine's Day Social (S) 3:00 Songs of the Seasons (S) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p> 
<p>17</p> <p>IMCC CLOSED</p>	<p>18</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Famous Women Quiz (S)(C) 12:00 February Potluck Quiz (C) 12:30 Lunch (S) 1:15 Reading Club w Catherine (S) 1:15 Passport Travel Series (S) 1:45 Chair Yoga (P) 2:00 Geography Quiz: North America (C) 2:30 Presidents Day Trivia (S) 3:00 Afternoon Music & Snack Social (S) 3:30 APV Clips (S) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>19</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Tai Chi w/ Caregivers (P) 11:00 Snack & Social (S) 11:30 Local History Discussion (S) 12:00 Where Are We Image Quiz (C) 12:30 Lunch (S) 1:15 Outdoor Winter Walk (P)(O)(N) 1:15 Wishing Stone Painting (CR) 1:45 Sit & Stretch Exercise (P) 2:00 Steve Erwin Biography (S) 2:30 Life in an Eggshell Check-in (SE)(N) 3:00 Afternoon Music & Snack Social (S) 3:30 Active Game (P) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>20</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:00 Woodworking Club w Ray (CR) 11:30 Science Experiment & Demo (SE)(S) 12:30 Lunch (S) 1:15 Prompted Journaling with Sarah (S) 1:15 Celebrating Black History: Family Heirlooms w Britany (SE) 2:00 Chair Yoga (P) 2:30 Music & Puzzles (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Name That Tune (C) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>21</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 You Be the Judge (S) 12:00 Close Up Quiz (C) 12:30 Lunch (S) 1:15 Current Events w Jimmy (C) 1:15 Passport Travel Series (S) 2:00 Feel Good Stories of February (S) 2:45 Sit & Fit Chair Exercise (P) 3:00 Afternoon Music & Snack Social (S) 3:30 Name 10 (C) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>
<p>24</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Stokman: Film Characters (C) 12:00 Passport Travel Series w Gretchen (S) 12:30 Lunch (S) 11:00 Woodworking Club w Tiffany (CR) 1:15 A-Z Trivia (C) 2:00 Sit & Stretch Exercise (P) 2:15 Wheel of Fortune Game (C)(S) 2:30 Heart Healthy Snack Demo (SE) 3:00 Afternoon Music & Snack Social (S) 3:30 Funniest Animal Photos (C)(S) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p> 	<p>25</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C)(CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Life in an Eggshell Check-in (N)(SE) 12:00 Optical Illusions: What Do You See (S) 12:30 Lunch (S) 1:15 Jewelry Making Workshop (CR) 1:15 Spotlight: John Wayne (S) 1:45 Chair Yoga (P) 2:00 Giant Jenga (SE) 2:30 Space Exploration w Joe (SE) 3:00 Afternoon Music & Snack Social (S) 3:30 Music & Puzzles (P) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p> 	<p>26</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C)(CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Who Said It? (S)(C) 12:00 HEART Categories (C) 12:30 Lunch (S) 1:15 Passport Travel Series (S) 1:45 Sit & Stretch Exercise (P) 2:00 Biography Spotlight: Maya Angelou (S) 2:30 Inspired Poetry Workshop (SE) 3:00 Afternoon Music & Snack Social (S) 3:30 Free Rice Trivia (C) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p> <p>Calendar Key</p> <p>BOLD RED: Small Group or Special Event</p> <p>BOLD BLACK: Meal & Snack Time or Outside Entertainers</p> <p>Activities are planned with flexibility and may be subject to change.</p>	<p>27</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C)(CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Where in the World Quiz (C) 12:00 Famous Couples (R) 12:30 Lunch (S) 1:15 Outdoor Winter Walk (P)(O)(N) 1:15 Who Am I? Guessing Quiz (C) 1:45 Chair Yoga (P) 2:00 You Be the Judge (S) 2:30 Axe Throwing Competition (P) 3:00 Afternoon Music & Snack Social (S) 3:30 Kids Say the Darndest Things (S) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p>  <p>Activity Domain Key</p> <p>Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Nature (N) Reflective (R)</p>	<p>28</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C)(CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Who Am I Trivia (C) 12:00 Inspired Active Game (P) 12:30 Lunch (S) 1:15 Faces & Places Trivia (C) 2:00 Tat-Chi Fitness w Cynthia (P) 2:30 Photo Recap (S) 3:00 Recreation Appreciation Social (S) 3:30 BINGO (S) 4:00 Combined Group Game (S)(P) 4:30 1:1 Activities (S) (C) (CR)</p> 