

BLUE ROOM | DECEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>2</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Picture it: Double Exposure (C) 12:00 Finishers Word Game (S)(C) 12:30 Lunch (S) 1:15 Outdoor Walk with Paul (P) 1:15 Geography Quiz (C) 2:00 Welcoming Winter Discussion (S) 2:15 Sit & Stretch Exercise (P) 2:30 Sitcom Hits: Hilarious Highlights (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Funniest Animal Photos (C)(S) 4:00 Prize BINGO (S) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>3</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Who Am I? (S) 12:00 And That's That Quiz (C) 12:30 Lunch (S) 1:15 Music Therapy w/ Melanie (S) 2:15 Spotlight: Judi Dench (S) 2:30 Calming Coloring & Puzzles (S) 3:00 Afternoon Music and Snack Social (S) 3:00 Mandala Coloring Pages (CR) 4:00 Combined Bowling (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>4</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Who Am I: Sports Legends (S) 12:00 Target Golfing Game (P) 12:30 Lunch (S) 1:15 Americana Jeopardy w Bob (C)(S) 1:45 Chair Yoga (P) 2:00 Classical Music Legends w Dan (S) 2:30 Target Toss w Hank (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Best of Broadway (S) 4:00 Combined Target Toss (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>5</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Outer Space Discoveries w Joe (S) 12:00 Cosmic Keychains (CR) 12:30 Lunch (S) 1:15 Is the Price Right? (C) 1:45 Sit & Stretch Fitness (P) 2:00 Unity Tree Art Project w Cora (CR) 2:30 Vertical Puzzles (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Golden Era TV Moments (S) 4:00 Combined Balloon Volleyball (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>6</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Ballroom Dancing w/ Garry (SE) 11:00 Snack & Social (S) 11:30 This Day in History (S) (C) 12:00 Chair Exercise (P) 12:30 Lunch (S) 1:15 Giant JENGA Game (S) 1:45 Sit & Stretch Fitness (P) 2:00 Close Up Quiz Game (C) 2:30 Travelogue: Switzerland (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Active Stations (S)(CR)(C) 4:00 Combined Horseshoes (P) 4:30 1:1 Activities (S) (C) (CR)</p>	
<p>9</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Violin Tunes w Anthony (SE) 11:00 Snack & Social (S) 11:30 This Day in History (S) (C) 12:00 Chair Exercise (P) 12:30 Lunch (S) 1:15 Travelogue: British Isles w Brian (S) 2:00 Word Mining (C) 2:15 Chair Yoga (P) 2:30 Partner Up Puzzles (CR) 3:00 Afternoon Music and Snack Social (S) 3:30 Best Clips of Classic TV (S) 4:00 Combined Bowling (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>10</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Getting to Know You Ball Toss(S) 12:00 Word Search & Sudoku Puzzles (S) 12:30 Lunch (S) 1:15 woodworking Club w Brittany (SE) (CR) 1:15 Toy Timeline Trivia (C) 2:00 Sit & Stretch Fitness (P) 2:15 World Famous Museums w Gloria (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Bowling Tournament (P) 4:00 Combined Putt-Putt (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>11</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Musical Memories w/ Roberta (SE) 11:00 Snack & Social (S) 11:30 This Day in History (S) 12:00 Chair Exercise (P) 12:30 Lunch (S) 1:15 Outdoor Walk w/ Garry (P) (O) 1:15 What am I Guessing Game (C) 2:15 Chair Yoga (P) 2:30 Vanilla Spiced Eggnog Tasting (SE) 3:15 Afternoon Music and Snack Social (S) 3:30 Candy BINGO (S) 4:00 Combined Corn Hole (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>12</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Spotlight: Mary Martin (S) 12:00 Secret Quote: Mary Martin (C) 12:30 Lunch (S) 1:15 Exploring Local History w Jim (S) 1:45 Sit & Stretch Fitness (P) 2:00 Spotlight: Navy w Dick (S) 2:30 Active Stations & Music (SE) 3:00 Afternoon Music and Snack Social (S) 3:30 Active Stations (C)(S)(CR) 4:00 Holiday Party (S)</p> 	<p>13</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Radio Wagon Mining w Mauro (C) 12:00 Reminiscing: Sears Wish Book (R) 12:30 Lunch (S) 1:15 Brain Teasers w Jimmy (C) 1:15 Landmarks Quiz (C) 2:00 Tai-Chi Fitness w Cynthia (P) 2:45 Feel Good Stories of the Week (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Songs of the Seasons (S) 4:00 AFV Clips (S) 4:30 1:1 Activities (S) (C) (CR)</p>	
<p>16</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 What Am I Guessing Quiz (C) 12:00 Winter Fashion Throughout Time (S) 12:30 Lunch (S) 1:15 Wheel of Fortune w Bettina (C) 2:00 Sit & Stretch Exercise (P) 2:15 Music Spotlight: Sonny & Cher (S) 2:30 Music Inspired Art & Puzzles (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Funniest Animal Photos (C)(S) 4:00 Prize BINGO (S) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>17</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Mystery Box Guessing (SE) 12:00 Potluck Quiz (C) 12:30 Lunch (S) 1:15 Reading Club w Catherine (S) 1:15 Who Does it Best: Cola Taste Test (S) 1:45 Chair Yoga (P) 2:00 Bizarre Guinness World Records (S) 2:30 Jeopardy Game (C) 3:00 Afternoon Music and Snack Social (S) 3:30 World Famous Child Prodigies (S) 4:00 Combined Corn Hole (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>18</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Travelogue: Australia w Patty (S) 12:00 Koala Eucalyptus Air freshener (SE) 12:30 Lunch (S) 1:15 Spotlight: Gameshow Host (S) 1:45 Chair Yoga (P) 2:00 Secret Toy Quote (C) 2:30 Table Tennis Tournament (P) 3:00 Afternoon Music and Snack Social (S) 3:30 Famous Child Prodigies (S) 4:00 Ballon Badminton (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>19</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Football Legends w Bill (S) 12:00 Football Toss Tournament (P) 12:30 Lunch (S) 1:15 Pastel Art Club with Steve (CR) 1:15 Reminisce on the Holidays w Eloise (R) 1:30 Chair Yoga (P) 2:00 DIY Peppermint Bark Mittens (SE) 2:30 Music & Puzzles (C) 3:00 Afternoon Music and Snack Social (S) 3:30 Name That Tune (C) 4:00 Combined Noodle Hockey (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>20</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Iconic Foods of Big Cities (S) 12:00 Close Up Quiz (C) 12:30 Lunch (S) 1:15 Jeopardy Game (C) 1:45 Sit & Stretch (P) 2:00 Tai-Chi Fitness w Cynthia (P) 2:45 Best of Classic Gameshows (S) 3:00 Afternoon Music and Snack Social (S) 3:30 Name 10 (C) 4:00 Combined Parachute (P) 4:30 1:1 Activities (S) (C) (CR)</p>	
					
<p>23</p> <p>IMCC CLOSED</p>		<p>24</p> <p>HAPPY HOLIDAYS</p>		<p>25</p> <p>IMCC CLOSED</p>	
<p>26</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Where in the World Quiz (C) 12:00 Snow Day: Poetry Workshop (S) 12:30 Lunch (S) 1:15 Outdoor Scavenger Hunt (O)(P) 1:15 Travelogue: Puerto Rico w Fidel (S) 2:00 Sit & Stretch Fitness to Latin Tunes (P) 2:30 Active Stations & Music (SE) 3:00 Afternoon Music and Snack Social (S) 3:30 Funniest AFV Clips (S) 4:00 Combined Free Rice Trivia (C) 4:30 1:1 Activities (S) (C) (CR)</p>					
<p>27</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Who Am I Trivia (C) 12:00 Family Feud Game (S)(C) 12:30 Lunch (S) 1:15 Fact or Fiction Trivia (C) 2:00 Travelogue: French Countryside (S) 2:30 Cheese Tasting w Janice (SE) 3:00 Afternoon Music and Snack Social (S) 3:30 BINGO (S) 4:00 Combined Parachute (P) 4:30 1:1 Activities (S) (C) (CR)</p>					
<p>30</p> <p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Reminiscing: Hearty Winter Meals (R) 12:00 Crockpot Meals: White Bean Chili (S) 12:30 Lunch (S) 1:15 Snowball Catapults w Bert (SE) 1:45 Snowball Target Practice (P) 2:15 Sit & Stretch Exercise (P) 2:30 Partner Up Puzzles (C) 3:00 New Years Eve's Eve Snack Social (S) 3:30 Looking Back on the Year Photos (CR) 4:00 Combined Noodle Hockey (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>31</p> <p>IMCC CLOSED</p> 			 <p>Altaf 12.1 Kevin D 12.1 Irene 12.9 Jean T 12.10 Loretta 12.14 Kay 12.17 Andrea 12.22 Douglas 12.24 Jim G 12.24 John Taylor 12.25 Dr Buck 12.29 Tom M 12.30 Marge 12.31 Nick 12.31</p>	 <p>Activity Domain Key Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Nature (N) Reflective (R)</p>

