



VIRTUAL SERVICES

Insight services to stay connected from home!

Insight Memory Care Center (IMCC) is a nonprofit adult day health and resource center providing specialized care, support, and education for individuals with Alzheimer’s disease and other memory impairments, their families, caregivers, and the community. In response to COVID 19, many of Insight’s programs and services have been modified to be offered virtually at this time. We are hard at work – remotely! – continuing our care, education and support for the most vulnerable. Learn more about our programs you can access from home!

CARE

EARLY STAGE

Reconnections (\$)

This program has been modified to be offered virtually at this time

A small group activity-based program that promotes cognition, socialization, and support.

MID TO LATE STAGE

Adult Day Health Center (\$)

This program has been modified to be offered virtually at this time

A safe, engaging, and therapeutic environment offering personalized care and activities.

Interested in joining us?

Email: katelyn.sloan@insightmcc.org

SUPPORT

SUPPORT SERVICES

Support Groups

Sessions offered virtually

Groups are offered twice a week, capped at 8 individuals to ensure everyone has a chance to participate.

InsightMCC.org/events

Consultations

Ask questions and find resources specific to your family situation. Staff can meet by phone or through a web conference with you and your family.

Email: lindsey.vajpeyi@insightmcc.org

SHARE Program (\$)

Five session series for families with a recent diagnosis to create a plan for future needs. Sessions can be held by web conference.

Email: markita.brown@insightmcc.org

Memory Cafe

This program has been modified to be offered virtually during this time

Families can socialize in a fun and safe environment.

InsightMCC.org/events

EDUCATE

CLASSES & RESOURCES

Classes for Caregivers

Sessions offered virtually

Webinars are designed for families caring for a loved one at home. Sessions include both basic dementia education and specialized topics.

InsightMCC.org/events

Professional Training (\$)

Sessions offered virtually

Specialty seminars in providing quality memory care are offered virtually for health care professionals.

Email: lindsey.vajpeyi@insightmcc.org

Insight Blog

Provides helpful caregiver tips and resources for those interested in learning more about dementia.

InsightMCC.org/blog

Resource Library

Online resources for caregivers, including caregiving tip sheets and webinar recordings.

InsightMCC.org/resources

Caregiving at a Glance Guidebook (\$)

Insight’s fingertip guide to caregiving is available through online retailers, such as Amazon and Barnes & Noble.

InsightMCC.org/CAG

WE MAKE A DIFFERENCE

“We participate in as many activities as possible which have given us hope, knowledge, strength and friendships. I really don’t think I could keep my husband at home without IMCC.”

“The education programs are invaluable — realistic and practical. The moral support and insight of support groups helped me understand what I could and couldn’t do to help my husband and myself.”

JOIN US ONLINE!

InsightMCC.org
facebook.com/InsightMCC

