


# BLUE ROOM | OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Activity Domain Key</b> Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Nature (N) Reflective (R)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Logo Quiz (C) 12:00 Famous Duos (S) <b>12:30 Lunch (S)</b> 1:15 Potluck Quiz w Peter (C) 1:45 Chair Yoga (P) 2:00 Celebrity Spotlight &amp; Trivia (S)(C) 2:30 October Word Search (C) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Balloon Badminton (P) 4:00 Grab Bag Trivia (C) 4:30 Combined Noodle Hockey (P) 5:00 Group Discussion (S)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Famous Faces Quiz (C) 12:00 Family Feud Game w Bettina (C)(S) <b>12:30 Lunch (S)</b> <b>1:15 Scavenger Hunt w Bettina (P)(O)</b> <b>1:15 Music Therapy w Melanie (SE)</b> 2:15 Partner Up Puzzles (C) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Best of Americas Funny Videos (S) 4:00 Combined Target Toss (P) 4:30 A to Z Word Game (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Musical Baseball Game w Brian (S)(C) 12:00 Word Mining w Mauro (C) <b>12:30 Lunch (S)</b> 1:15 Songs of the Seasons (S) 1:45 Chair Yoga (P) 2:00 Watercolor Painting w Foster (CR) 2:30 Table Games &amp; Sudoku Puzzles (C) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Guess That Landmark (C) 4:00 Combined Noodle Hockey (P) 4:30 Odd One Out (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Getting to Know You Ball Toss(S) 12:00 Reminiscing: Comfort Foods (S)(R) <b>12:30 Lunch (S)</b> <b>1:15 Outdoor Walking Club w/ Bert (P)(O)</b> 1:15 Giant Jenga w Gloria (P) 1:45 Sit &amp; Stretch Fitness (P) 2:00 Horizontal Puzzles (C) 2:30 Feel Good Stories of the Week (S) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Prize BINGO (S) 4:00 Combined Horseshoes (P) 4:30 Pictionary Guessing Game (C) 5:00 1:1 Activities (S) (C) (CR)</p>
<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Photographic Memory Game (C) 12:00 Letter Quiz (C) <b>12:30 Lunch (S)</b> <b>1:15 Artist History: Pointillism (S)</b> 2:00 Inspired Artwork Craft w Willie (CR) 2:15 Chair Yoga (P) 2:30 Partner Up Puzzles (CR) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Best Clips of Classic TV (S) 4:00 Combined Bowling (P) 4:30 Cartoon Characters Matching (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Aromas of Autumn Guessing Game (C) 12:00 Baking Club w Cora Pumpkin Pie (SE) <b>12:30 Lunch (S)</b> 1:15 Star Spotlight: Groucho Marx (S) 2:00 Sit &amp; Stretch Fitness (P) 2:30 What Am I? (C) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Bowling Tournament (P) 4:00 Combined Putt-Putt (P) 4:30 Name 5 (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) <b>10:00 Musical Memories w/ Roberta (SE)</b> <b>11:00 Snack &amp; Social (S)</b> 11:30 This Day in History (S) 12:00 Chair Exercise (P) <b>12:30 Lunch (S)</b> 1:15 Giant Jenga (S) 2:15 Calming Stretching Exercise (P) 2:30 Americana Jeopardy (C) <b>3:15 Afternoon Music and Snack Social (S)</b> 3:30 Candy BINGO (S) 4:00 Combined Corn Hole (P) 4:30 Finish the Phrase (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Close Up Quiz (C) 12:00 Famous Musicals of the 70's (S) <b>12:30 Lunch (S)</b> <b>1:15 Outdoor Walk w/ Linda (P) (O)</b> 1:15 Science Experiment w Ray (SE) 1:45 Sit &amp; Stretch Fitness (P) 2:00 Magazine Scavenger Hunt w Nancy (S) 2:30 Hot Coco &amp; Poetry Workshop (S) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Prize BINGO (S) 4:00 Combined Balloon Volleyball (P) 4:30 Name 5 (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) <b>10:00 Violin Tunes w Anthony (SE)</b> <b>11:00 Snack &amp; Social (S)</b> 11:30 This Day in History (S) (C) 12:00 Chair Exercise (P) <b>12:30 Lunch (S)</b> 1:15 Landmarks Quiz (C) <b>2:00 Tai-Chi Fitness w Cynthia (P)</b> 2:45 Word Search &amp; Sudoku Puzzles (S) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Table Tennis Tournament (P) 4:00 Combined Parachute (P) 4:30 Group Hangman (C) 5:00 1:1 Activities (S) (C) (CR)</p>
<p><b>IMCC CLOSED</b></p>  <p><b>INDIGENOUS PEOPLES' DAY</b></p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Mystery Box Guessing (SE) 12:00 Potluck Quiz (C) <b>12:30 Lunch (S)</b> 1:15 Musical Spotlight: Powerhouse Singers (S) 1:45 Chair Yoga (P) 2:00 Bizarre Guinness World Records (S) 2:30 Indigenous Peoples Day Traditions (S) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 World Famous Child Prodigies (S) 4:00 Combined Corn Hole (P) 4:30 Could You, Would You, Have You? (S) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Travel: Ethiopian Coffee Traditions (s) 12:00 Coffee Tasting w Jean (SE) <b>12:30 Lunch (S)</b> 1:15 Worldwide Travel w Meenu (S) 1:45 Chair Yoga (P) 2:00 Spotlight: The Beatles w Garry (S) 2:30 Table Tennis Tournament (P) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Famous Child Prodigies (S) 4:00 Ballon Badminton (P) 4:30 Conversation Starters (S) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Photographic Memory Game (C) 12:00 Star Spotlight: Penny Marshall (S) <b>12:30 Lunch (S)</b> 1:15 Travelogue: Europe w Art (S) 1:30 Chair Yoga (P) 2:00 Famous Art Museums w Gloria (S) 2:30 Who Wants to be a Millionaire (C) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Name That Tune (C) 4:00 Combined Noodle Hockey (P) 4:30 Odd One Out (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 This Day in History (S) (C) 12:00 Chair Exercise (P) <b>12:30 Lunch (S)</b> 1:15 Spotlight: Adam Sandler w Kevin (S) 1:45 Sit &amp; Stretch (P) 2:00 Bean Bag Trivia (C) 2:30 Good News of the Week w Allan (S) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Name 10 (C) 4:00 Combined Parachute (P) 4:30 Who When Where Trivia (C) 5:00 1:1 Activities (S) (C) (CR)</p>
<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Up Close Quiz (C) 12:00 Music Spotlight: Don Ho (S) <b>12:30 Lunch (S)</b> 1:15 Artist Spotlight: Jeff Koons (S) 2:00 Inspired Artwork (CR) 2:15 Sit &amp; Stretch Exercise (P) 2:30 Tee &amp; Tea Target Golfing (S) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Funniest Animal Photos (C)(S) 4:00 Greatest TV Moments (C) (CR) 4:45 Animal Photo Art Discussion (S) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Jeopardy (C)(S) 12:00 Is the Price Right? (C) <b>12:30 Lunch (S)</b> 1:15 Guess the Logo (C) 1:45 Chair Yoga (P) 2:00 Name That Tune (S) 2:30 Calming Coloring &amp; Puzzles (S) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Prize BINGO (S) 4:00 Combined Bowling (P) 4:30 This or That? (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Who am Mystery Quiz (C) 12:00 Dog Breed Trivia w Dan (S) <b>12:30 Lunch (S)</b> <b>1:15 Local History Club w Jimmy (S)</b> 1:15 Photo Collages w Steven (CR) 1:45 Chair Yoga (P) 2:00 Body Language &amp; Gestures Trivia (C) 2:30 Hollywood Squares Game (S) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Best of Broadway (S) 4:00 Combined Target Toss (P) 4:30 A to Z Word Game (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Famous Architecture Quiz (C) 12:00 Building Bridges (SE) <b>12:30 Lunch (S)</b> <b>1:15 Outdoor Scavenger Hunt (O)(P)</b> 1:15 Artist Spotlight (S) 2:15 Inspired Artwork (CR) 2:30 Active Stations &amp; Music (SE) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 Funniest AFV Clips (S) 4:00 Combined Free Rice Trivia (C) 4:30 Cartoon Characters Matching (C) 5:00 1:1 Activities (S) (C) (CR)</p>	<p>7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:45 Brain Game (C) <b>11:00 Snack &amp; Social (S)</b> 11:30 Who Am I Trivia (C) 12:00 Star Spotlight: Maggie Smith (S) <b>12:30 Lunch (S)</b> 1:15 Fact or Fiction Trivia (C) <b>2:00 Tai-Chi Fitness w Cynthia (P)</b> 2:45 Best of Classic Gameshows (S) <b>3:00 Afternoon Music and Snack Social (S)</b> 3:30 BINGO (S) 4:00 Combined Parachute (P) 4:30 Group Hangman (C) 5:00 1:1 Activities (S) (C) (CR)</p>
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