**Thursday** Wednesday **Friday** Tuesday Monday 7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 Ballroom Dancing w/ Garry (SE) 11:00 Snack & Social (S) 11:30 This Day in History (S) (C) 12:00 Chair Exercise (P) **Activity Domain Key** 12:30 Lunch (S) Physical (P) 1:15 Outdoor Walking Club w/ Bert (P)(O) **Dave 11.2** Social (S) 1:15 Giant JENGA Game (S) Bettina 11.12 Cognitive (C) 1:45 Sit & Stretch Fitness (P) 2:00 Close Up Quiz Game (C) Creative (CR) Barbara R. 11.13 2:30 Age is Just a Number: Inspiring Adults (S) Productive Sensory (SE) Willie 11.27 3:00 Afternoon Music and Snack Social (S) Outdoor (O) 3:30 Prize BINGO (S) **Clare 11.27** Nature (N) 4:00 Combined Horseshoes (P) Reflective (R) 4:30 1:1 Activities (S) (C) (CR) **Muriel 11.28** 8 7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:00 This Day in History (S) (C) 10:00 Violin Tunes w Anthony (SE) 10:00 This Day in History (S) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:30 Chair Exercise (P) 10:30 Chair Exercise (P) 10:30 Chair Exercise (P) 11:00 Snack & Social (S) 10:45 Brain Game (C) 10:45 Brain Game (C) 10:45 Brain Game (C) 10:45 Brain Game (C) 11:30 This Day in History (S) (C) 11:00 Snack & Social (S) 12:00 Chair Exercise (P) 11:30 Music Spotlight: Doris Day (S) 11:30 Getting to Know You Ball Toss(S) 11:30 Name that Rock Tune (C) 11:30 History of Hockey w/ Dave (S) 12:30 Lunch (S) 12:00 Word Search & Sudoku Puzzles (S 12:00 Reminisce: American Bandstand (R) 1:15 Walking Club w Allan (O) 12:00 Potluck Quiz (C) 12:30 Lunch (S) 12:30 Lunch (S) 12:30 Lunch (S) 1:15 Landmarks Quiz (C) 1:15 Outdoor Walk w/ Linda (P) (O) 1:15 Innovations: Environmental Science(S) 1:15 Music Therapy w/ Melanie (S) 1:15 Giant Jenga (S) 2:00 Tai-Chi Fitness w Cynthia (P) 2:00 What Am I Guessing Quiz (C) 2:15 Spotlight: Dick Van Dyke (S) 2:15 Chair Yoga (P) 1:15 Music Spotlight: Eric Clapton (S) 2:45 Feel Good Stories of the Week (S)) 3:00 Afternoon Music and Snack Social (S) 2:30 TV Spotlight: Lucille & Desi (S) 1:45 Sit & Stretch Fitness (P) 3:00 Veteran's Day and Snack Social (S) 2:15 Chair Yoga (P) 3:15 Afternoon Music and Snack Social (S) 2:00 Bizarre World Records (S) 2:30 Partner Up Puzzles (CR) 3:30 Bowling Tournament (P) 3:30 Name That Singer (S) 3:00 Afternoon Music and Snack Social (S) 4:00 Combined Putt-Putt (P) 3:30 Axe Throwing w Hank (P) 2:30 Star Spotlight: Burgess Meredith (S) 4:00 Child Prodigies (S) 3:30 Best Clips of Classic TV (S) 4:00 Combined Corn Hole (P) 3:00 Afternoon Music and Snack Social (S) 4:30 1:1 Activities (S) (C) (CR) 4:30 1:1 Activities (S) (C) (CR) 4:00 Combined Bowling (P) 4:30 1:1 Activities (S) (C) (CR) 3:30 Prize BINGO (S) 4:30 1:1 Activities (S) (C) (CR) 4:00 Combined Balloon Volleyball (P) 4:30 1:1 Activities (S) (C) (CR) 11 13 14 15 7:30 Group Discussion (S) 7:30 Group Discussion (S) 7:30 Group Discussion (S) 7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) **IMCC CLOSED** 10:00 Musical Memories w/ Roberta (SE) 10:00 This Day in History (S) (C) 10:00 This Day in History (S) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:30 Chair Exercise (P) 10:30 Chair Exercise (P) 11:00 Snack & Social (S) 10:45 Brain Game (C) 10:45 Brain Game (C) 11:30 This Day in History (S) 10:45 Brain Game (C) 11:00 Snack & Social (S) 12:00 Chair Exercise (P) 11:00 Snack & Social (S) 11:00 Snack & Social (S) 11:30 Potluck Quiz (C) 12:30 Lunch (S) 11:30 Travelogue: US Cities w Art (S) 11:30 Animal Celebrities (S) 12:00 Historic Moments: Apollo 11 (S) 1:15 Travelogue: Greece (S) 12:00 City Nights Watercolor Art (CR) 12:00 Dog Breeds Visual Quiz(C) 1:45 Chair Yoga (P) 12:30 Lunch (S) 12:30 Lunch (S) 12:30 Lunch (S) 1:15 Name Origins w Jim (S) 2:00 Golf Spotlight (S) 1:15 Art Club w Brittany (CR) 1:15 Reminisce: Iconic Movies w Patty (R) 1:45 Chair Yoga (P) 2:30 Putt- Putt Target Practice (P) 1:15 Travelogue: Italy w Douglas (S) 2:00 Tai-Chi Fitness w Cynthia (P) 2:00 Jeopardy Game (C) 3:00 Afternoon Music and Snack Social (S) 1:30 Chair Yoga (P) 2:45 Word Search Pages (C) 2:30 Star Spotlight: Goldie Hawn (S) 3:30 Famous Child Prodigies (S) 2:00 Famous Landmark Quiz (C) 3:00 Afternoon Music and Snack Social (S) 3:00 Afternoon Music and Snack Social (S) 4:00 Ballon Badminton (P) 2:30 Music of the 80's (S) 3:30 Name 10 (C) 3:30 World Famous Child Prodigies (S) 4:30 1:1 Activities (S) (C) (CR) 3:00 Afternoon Music and Snack Social (S) 4:00 Combined Parachute (P) 4:00 Combined Corn Hole (P) 3:30 Name That Tune (C) 4:30 1:1 Activities (S) (C) (CR) 4:30 1:1 Activities (S) (C) (CR) 4:00 Combined Noodle Hockey (P) 4:30 1:1 Activities (S) (C) (CR) 19 22 7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:30 Chair Exercise (P) 10:30 Chair Exercise w The Caregivers (P) 10:30 Chair Exercise (P) 10:30 Chair Exercise (P) 11:00 Snack & Social (S) 10:45 Brain Game (C) 10:45 Brain Game (C) 10:45 Brain Game (C) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:30 Artist Spotlight: Da Vinci (S) 11:00 Snack & Social (S) 11:00 Snack & Social (S) 11:00 Snack & Social (S) 11:30 Spotlight: Carly Simon w Chris (S) 11:30 Jeopardy (C)(S) 12:00 Inspired Art w Meenu (CR) 11:30 All About Football w/ Steve (S) 11:30 Who Am I Trivia (C) 12:00 Darts & Trivia w Brian (P)(C) 12:00 Is the Price Right? (C) 12:30 Lunch (S) 12:00 Who Wants to be a Millionaire (C) 12:00 Car Model Logos w Hank (C) 12:30 Lunch (S) 12:30 Lunch (S) 1:15 Sudoku & Table Puzzles w Tom (C) 12:30 Lunch (S) 12:30 Lunch (S) 1:15 Local History Club w Jimmy (S) 1:15 Woodworking Club (CR) 1:15 Midwestern Music & Marvels (S) 1:45 Chair Yoga (P) 1:15 Timeline Trivia w Paul (C) 2:00 Travelogue: England w Clare (S) 1:15 Fact or Fiction Trivia (C) 2:00 Landscape Watercolor Art (CR) 1:15 Guess the Logo (C) 2:15 Chair Yoga (P) 2:30 Tea & Chocolate Tasting w Jean (SE) 2:15 Sit & Stretch Exercise (P 1:45 Chair Yoga (P) 2:30 Active Stations & Music (SE) 2:00 Bean Bag Trivia (C) 3:00 Afternoon Music and Snack Social (S) 2:30 Good News Stories w Allan (S) 2:00 Name That Tune (S) 3:00 Afternoon Music and Snack Social (S) 2:45 Best of Classic Gameshows (S) 3:00 Afternoon Music and Snack Social (S) 2:30 Calming Coloring & Puzzles (S) 3:30 Best of Broadway (S) 3:30 Funniest AFV Clips (S) 3:00 Afternoon Music and Snack Social (S) 4:00 Combined Target Toss (P) 3:00 Afternoon Music and Snack Social (S) 4:00 Combined Free Rice Trivia (C) 3:30 BINGO (S) 3:30 Funniest Animal Photos (C)(S) 4:00 Greatest TV Moments (C) (CR) 3:30 Prize BINGO (S) 4:30 1:1 Activities (S) (C) (CR) 4:30 1:1 Activities (S) (C) (CR) 4:00 Combined Parachute (P) 4:30 1:1 Activities (S) (C) (CR) 4:00 Combined Bowling (P) 4:30 1:1 Activities (S) (C) (CR) 4:30 1:1 Activities (S) (C) (CR) **27** 7:30 Group Discussion (S) 7:30 Group Discussion (S) 7:30 Group Discussion (S) 8:00 Personalized Active Stations (C) (CR) 8:00 Personalized Active Stations (C) (CR) 8:00 Personalized Active Stations (C) (CR) 8:30 Table Talk Discussion (S) 8:30 Table Talk Discussion (S) 8:30 Table Talk Discussion (S) **IMCC CLOSED IMCC CLOSED** 9:00 Group Brain Games (C) 9:00 Group Brain Games (C) 9:00 Group Brain Games (C) 9:30 Music Selections (S) (SE) 9:30 Music Selections (S) (SE) 9:30 Music Selections (S) (SE) 10:00 This Day in History (S) (C) 10:00 This Day in History (S) (C) 10:00 This Day in History (S) (C) 10:30 Chair Exercise (P) 10:30 Chair Exercise (P) 10:30 Chair Exercise (P) 10:45 Brain Game (C) 10:45 Brain Game (C) 10:45 Brain Game (C) 11:00 Snack & Social (S) 11:00 Snack & Social (S) 11:00 Snack & Social (S) 11:30 Artist Spotlight: Michealangelo (S) 11:30 Photographic Memory Game (C) 11:30 Travelogue: Ireland w Jean (S) 12:00 Spot the Difference w Dave (C) 12:00 Inspired Art (CR) 12:00 Apple Cake Cooking Demo (SE)

12:30 Lunch (S)

1:45 Chair Yoga (P)

4:00 Ballon Badminton (P)

4:30 1:1 Activities (S) (C) (CR)

1:15 Decorating Club w Brittany (CR)

1:15 Music Spotlight: Etta James (S)

2:00Magazine Scavenger Hunt (SE)

2:30 TV Spotlight: The Twilight Zone (S)

3:00 Thankful Hearts Snack & Social (S)

12:30 Lunch (S)

1:15 Walking Club w Bettina (S)

1:45 Giant Word Jenga (S)

2:15 Sit & Stretch Exercise (P)

2:30 Partner Up Puzzles (C)

4:30 1:1 Activities (S) (C) (CR)

3:30 Prize BINGO (S)

1:15 Gathering w Family w Chris (R)

4:00 Combined Noodle Hockey (P)

3:00 Afternoon Music and Snack Social (S)

12:30 Lunch (S)

1:15 Outdoor Scavenger Hunt (O)(N)

3:00 Afternoon Music and Snack Social (S)

1:15 Detective Stories w Steve (S)

4:00 Combined Noodle Hockey (P)

2:15 Calming Chair Exercise (P)

2:30 Armchair Travel (S)

4:20 Pictionary (C) 4:30 1:1 Activities (S) (C) (CR)

3:30 Balloon Badminton (P)